

路線：青衣海濱公園露天廣場出發至青衣東北公園，沿路折返 (3公里)

Route: Start at Amphitheatres of Tsing Yi Promenade and turn at Tsing Yi Northeast Park (3 km)

步行者須知

- 步行者須確保其健康狀況良好，體力適宜參與是次活動；如有任何疑問，應先向醫生查詢。
- 步行者須自備飲用水、飲品及食物，如感不適，請即時通知工作人員協助。
- 為防止受到陽光長時間曝曬及為惡劣天氣作準備，步行者須自備及使用適當的防曬用品及雨傘以作保護。
- 凡十八歲以下的步行者必須獲得家長/監護人的同意方可參與是次步行籌款。
- 十二歲以下小童必須由成人陪同才可參加。
- 步行者必須遵照主辦機構人員以及其他工作人員的所有指示。
- 主辦機構保留權利在任何時間更改條款及細則、路線、時間及一切有關是次活動細則。

Notes To Walkers

- Walkers must ensure his/her health and physical condition are good and suitable for walkathon, and should consult a medical doctor beforehand if in any doubt.
- Please bring sufficient food and drink for the event. Stop if you are exhausted or feeling sick and contact the duty officer once for assistance.
- To avoid over–exposure under the sun and to prepare for bad weather, the walker must bring and use suitable protective head–wear and rain–wear.
- Any walker who is under the age of 18 must obtain prior consent from his/her parents/ guardian to participate in walkathon. Children under 12 must be accompanied by adult in walkathon.
- The walker must obey all lawful instructions given by the organizer, and its personnel.
- The organizer reserves the right to change the Terms and Conditions, route, time and all the details related to walkathon.
- The organizer reserves the right to cancel or postpone the date of the walkathon if in the opinion of organizer and the weather is such that it may impose serious risk to the safety and health of the Walker. Announcements on the latest arrangement will be made on the date.

「扶康會」是本港註冊的非牟利機構，自1977年開始提供康復服務，現時有70多個服務單位隸屬不同服務類別及計劃，每年為接近4,000名殘疾人士提供服務，其中包括智障人士、自閉症譜系障礙人士、精神復元人士及肢體殘障人士。多年來，本會貫徹「以求為導、以愛同行」的服務精神，竭力倡議和提供適切的康復服務，讓殘疾人士全面發展潛能，亦按殘疾人士及其家庭的不同需要提供支援。隨著殘疾人士不斷轉變的需要，扶康會積極發展多項非資助項目，以填補現時香港的服務縫隙，繼續為有需要的殘疾人士提供服務。

Fu Hong Society is a registered non-profit-making organization, has started providing rehabilitation services since 1977. Currently, the Society has more than 70 service units under different service categories and programs for nearly 4,000 persons with disabilities annually, including persons with intellectual disabilities, persons with autism spectrum disorders, persons in psychiatric recovery, and persons with physical disabilities.

Throughout the years, Fu Hong Society has been upholding the service spirit of 'Your Need is the Lead, Walk together with Love', and strives to advocate and provide appropriate rehabilitation services to enable people with disabilities to fully develop their potential. The Society also develops an array of services to cater for the different needs of people with disabilities and their families. In order to fill the service gap and to meet the changing needs of persons with disabilities, Fu Hong Society has set up several non-subvented programs for persons with disabilities.

電話 Tel: 2745 4214　　**傳真 Fax:** 2361 2053

地址Address:
扶康會賽馬會石圍角工場(傳訊及資源發展部)
Fu Hong Society Jockey Club Shek Wai Kok Workshop (Communications & Resources Development Department):

荃灣石圍角邨二號停車場地下
G/F, Car Park Block No.2, Shek Wai Kok Estate, Tsuen Wan, N.T.

網址 Website: www.fuhong.org
電郵 Email: comms@fuhong.org

主辦：

扶康會 Fu Hong Society

Walk-In 步行籌款 2026



2026年12月12日(星期六)

10:00 – 11:30

青衣海濱公園露天廣場
Amphitheatres of Tsing Yi Promenade

活動查詢 Enquiries

☎ 電話 Tel：2745 4214
✉ 電郵 Email：comms@fuhong.org
🌐 網址 Website：www.fuhong.org

地址 Address:
扶康會賽馬會石圍角工場 (傳訊及資源發展部)
新界荃灣石圍角邨二號停車場地下
Fu Hong Society Jockey Club Shek Wai Kok Workshop (Communications and Resources Development)
G/F., Car Park Block No. 2, Shek Wai Kok Estate, Tsuen Wan, New Territorie

鑽石贊助：
Rotary Club of Kwai Chung 葵涌扶輪社

金贊助：
BEA東亞銀行
捷和實業有限公司 Chiaphua Industries Limited

鳴謝：
利得投資有限公司
PPS 寶環 實聯環境服務有限公司 Pollution & Protection Services Ltd.
NEXUS Nexus Solutions Ltd
Renley

捐款表格

我樂意支持殘疾人士盡展潛能！
I would like to help the persons with disabilities to unleash their potential.

◯ HK$200 ◯ HK$500 ◯ HK$1000
◯ 其他金額 other amount：_____

捐款方法 Donation methods

◯ **現金 Cash** — 請把捐款直接存入本會滙豐銀行戶口119-290005-838
Direct pay – in to our HSBC Account 119-290005-838

◯ **劃線支票 Crossed Cheque** — 抬頭請寫「**扶康會**」
Payable to "**Fu Hong Society**"

◯ **信用卡 Credit card** — ◯ Visa card ◯ Master card

持卡人姓名
Cardholder's name：_____

信用卡號碼
Card no.：_____ 有效期至(月/年)
Expiry date (Month/Year)：_____

持卡人簽署
Cardholder's signature：_____ 日期
Date：_____

信用卡捐款可傳真至 2361 2053
Donation by credit card please fax information to 2361 2053

◯ **7-ELEVEN / 繳費靈 PPS** — (商戶編號 Merchant code：9380)

* 捐款港幣100元或以上可憑收據申請扣除稅項
Donation of HK$100 or above are tax deductible with a receipt

捐款人資料Donor Information

姓名/機構 (先生/女士)
Name / Company：_____ (Mr. / Ms.) 電話
Telephone：_____

地址
Address：_____ 日期
Date：_____

請將填妥之表格及銀行存款收據/劃線支票/捐款收據寄回
Please send the completed donation form together with the copy of bank-pay-in-slip/ cheque/ donation receipt by post:

扶康會賽馬會石圍角工場 (傳訊及資源發展部)
新界荃灣石圍角邨二號停車場地下
Fu Hong Society Jockey Club Shek Wai Kok Workshop (CRD)
G/F., Car Park Block No. 2, Shek Wai Kok Estate, Tsuen Wan, New Territories

收集個人資料聲明 Personal Information Collection Statement

扶康會(以下簡稱「本機構」) 會按照《私隱政策聲明》的規定處理及儲存您的個人資料，絕不會向第三方出售及/或提供您的個人資料。本機構擬使用您的個人資料 (包括：姓名、地址、電話、電郵及傳真等等) 為日後向您提供有關本機構最新動向、服務推廣、招募義工及籌募活動資訊，以及用作收集意見等用途。如您不同意，請在以下空格內加上☒號。您有權隨時向本機構查詢、更改或要求停止使用您的個人資料作上述推廣用途，請於辦公時間致電 2745 4214 與傳訊及資源發展部傳訊主任聯絡。

Fu Hong Society (hereinafter referred to as "the Society") shall comply with the Privacy Policy Statement in handling and keeping your personal data. The Society will not sell and/or provide your personal data to any third party. The Society intends to use your personal data (including name, address, telephone no., email and fax no., etc) for future correspondences, promotional activities, volunteer recruitment and fund-raising appeals, and feedback collection purposes. If you do not agree to the use of your personal data for the above purposes, please indicate by putting ☒ in the box below. You have the right to access, correct and request the Society to stop using your personal data for the above purposes at any time, please contact our Communications and Resources Development Officer by phone 2745 4214 during office hours.

如你不同意上述有關本機構使用個人資料的安排，請於後方空格加「✓」，然後簽署。
If you disagree on the proposed use of your personal data as stated above, please put ✓ in the box and then sign.

☐ 本人不同意上述有關使用個人資料的安排
I object to the use of my personal data as stated above.

簽署 Signature：_____

本人已閱讀、了解及接納本機構有關收集、使用及提供個人資料的通知。
I have read, understood and accepted the statement regarding the collection, use and provision of personal data by the Society.

本機構《收集個人資料聲明》及《私隱政策聲明》詳見本機構網頁Visit below hyperlink for full context of the Society' s Personal Information Collection Statement and Privacy Policy Statement. https://www.-fuhong.org/important_notice.aspx

扶康會 Fu Hong Society 「Walk·In」步行籌款2026報名表格
「Walk·In」Walkathon 2026 Registration Form

參加者 / 機構 / 團隊名稱 Name of Walker/ Organisation/ Team

_____

聯絡人姓名：_____ 參加人數：_____
Name of Contact Person No. of Participant(s)

地址：_____
Address

電話：_____ 傳真：_____
Tel Fax

電郵：_____
Email

贊助人資料 Details of Sponsors

	贊助人姓名 (請以正楷書寫) Name of Sponsors (In Block Letter)	贊助金額 Amount of Donation	需要收據請"✓" "✓" for a receipt

如空位不夠，請影印本表格。 Please copy the form for more entries.

除特別註明外，贊助人的姓名將填寫在收據上。
Unless stated otherwise the name of the sponsor will be printed on the receipt.

正式收據將由參加者代為分發。
Donation receipts will be mailed to participants for distributing to sponsors.

電子證書及獎項 E-certificates & Awards

電子證書將於活動結束後1個月內以電郵頒發。
E-certificate will be issued to walker by email within one month after walkathon.

獎項Awards:

個人最高籌款獎 Top Fund Raiser
團體最高籌款獎 Top Fund Raising Team
最陣容鼎盛隊伍獎 The Largest Team

交付善款方法 Payment Procedure

請把現金存入本會滙豐銀行戶口119-290005-838，銀行存款收據或劃線支票(抬頭：扶康會)連同填妥的表格副本以傳真、郵寄或電郵方式寄到扶康會傳訊及資源發展部，或於活動當日交給登記處。

Please direct pay-in to our HSBC Bank Account 119-290005-838, and return the copy of bank-pay-in-slip or cheque (Payable to "Fu Hong Society") together with completed registration form to FHS Communications and Resources Development Department by Fax, post or email, or return to the reception at walkathon.

郵寄地址 Address:

扶康會賽馬會石圍角工場 (傳訊及資源發展部)
新界荃灣石圍角邨二號停車場地下

Fu Hong Society Jockey Club Shek Wai Kok Workshop (CRD)
G/F., Car Park Block No. 2, Shek Wai Kok Estate, Tsuen Wan, New Territories

查詢電話 Tel: 2745 4214
傳真號碼 Fax: 2361 2053
電郵 Email: comms@fuhong.org

捐款收據將於3個月內郵寄予閣下
Official receipts will be sent to the participants within 3 months.

報名後，可繼續保留表格尋求贊助
Please keep the form to seek more sponsors

為方便統計人數，參加者請於**2026年11月27日(星期五)前**將參加表格副本交回本會。

For statistical purposes, please send the copy of registration form to our Society before 27 November 2026 (Friday).